


BURNETT HEADS STATE SCHOOL TUCKSHOP MENU

Effective - January 2015 TUCKSHOP DAYS: WEDNESDAY & FRIDAY with sausage sizzle on Thursday

<p>Sandwiches – bag order only</p> <p>Vegemite \$1.40 Vegemite & Cheese \$1.60 Cheese & Tomato \$2.00 Egg & Lettuce \$2.00 Salad \$2.50 Ham & Cheese \$2.50 Chicken, Cheese & Tomato \$2.60 Ham or Chicken & Salad \$3.00 Cheese & Baked Bean Jaffle</p> <p>***White ***Toasted = 0.20c extra ***Salad includes: Lettuce, tomato, cucumber, carrot, beetroot and cheese (please state on order if you do not want all ☺)</p>		<p>Wraps – bag order only</p> <p>Pizza Wrap (Ham, Pineapple & Cheese – toasted) \$2.50 Ham & Cheese Wrap (toasted add 20c) \$2.60 Chicken, Cheese & Tomato Wrap (toasted add 20c) \$2.80 Salad wrap \$2.80 Ham or Chicken & Salad wrap \$3.40 Chicken & Salad wrap (bbq/tom/sweet chilli sauce) \$3.80</p> <p>***Add an egg to a salad or wrap for 0.50c ***Salad includes: Lettuce, tomato, cucumber, carrot, beetroot and cheese (please state on order if you do not want all ☺) ***Toasted = 0.20c extra</p> 	
<p>Hot Food – bag order only</p> <p>Garlic Bread \$0.50 Party Pie \$0.90 Pizza (Ham & Pineapple or chicken) \$2.00 Chicken Burger (Lettuce & Mayo) \$3.00 Hamburger with salad \$3.00 Spaghetti Bolognaise \$3.00 Chicken & Gravy roll \$2.80 Popcorn Chicken \$2.00</p>		<p>Snacks – bag order only</p> <p>Apple Slinky \$0.80 Vegie Sticks & Dip \$1.00 Crackers & Cheese \$1.00 Cookies 20c Mini Muffins (variety of flavours, depending on day) 50c</p>	
<p>Drinks – bag system & over counter at second break</p>		<p>**TREATS** over the counter AFTER the play bell rings</p>	

<p>Bottled Water Hot Milo Poppers (apple, orange, blackcurrant) Breaka Milk Poppers (Choc, strawberry)</p>	<p>\$1.00 \$1.00 \$1.00 \$1.50</p>	<p>Assorted Ice-blocks (2nd Break Only) from Chips (Sea Salt or Honey Soy Chicken) Grainwaves (Sweet Chilli or Sour Cream) Frozen Yoghurt Piece of fruit (in season)</p>	<p>\$0.80 \$1.00 \$1.00 \$1.50 \$0.80</p>
<p>About Smart Choices:</p>  <p>This menu complies with the <i>Queensland Government Smart Choices</i> food policy for schools. This menu is endorsed by the P&C. For more information see: www.education.qld.gov.au/schools/healthy</p> <p>RED = Occasional treats AMBER = Select carefully GREEN = Have plenty</p>		<p>Ordering – using the bag system</p> <p>All orders are to be in paperbags. Bags can be purchased from the tuckshop for 5c each.</p> <ul style="list-style-type: none"> ✓ Label Clearly ✓ Use a separate bag for first break and second break ✓ Do not seal bags. Fold over the top to secure money ✓ Place orders directly in tuckshop or for junior school, in the nominated tuckshop box located in the classroom before the 9am bell. ✓ Ice Blocks are only sold over the counter at second break after the playbell <ul style="list-style-type: none"> ✓ The tuckshop is provided by the Burnett Heads School P & C Association for the benefit of the children. ✓ The tuckshop relies on a strong team of volunteers to assist with its operation. The tuckshop convenor is also a volunteer. ✓ No training or prior tuckshop experience is required, just a bit of enthusiasm, a pair of willing hands and a happy smile! <p><i>Note: Prices are subject to change in the future and all items are subject to availability</i></p>	